

Masters Temple

MAY 08 Newsletter



Satory Do MMA Karate logo

Please be informed that we will be open all through the summer as Masters Temple is a professional Black Belt School and we have planned great activities for this summer for everyone.

It is even more important for juniors and teenagers to regularly train during the summer as with school being closed having too much free time can be unsafe and may lead to negative activities, unfortunately our community offers more negative activities now a days, smoking, drinking, fighting, crime ect.

With regular training at Masters Temple we motivate kids and teenagers to focus on the 5 S,s of sports and total health; suppleness, skill, speed, strength and stamina and that will give them a positive mind set in life, this alone will help them to keep out of trouble and stay away from negative activities.

Our fun and positive plans are:

1. Attendance competition, all students with good attendance records during the months of May, June, July and August can win a free ticket to go to Dun drum movies with the Masters Temple Team at the end of each month.
2. V.I.P invitations and referral contest, we will give all students VIP cards for a free 2 weeks training, to practise their leadership and to bring friends along to training and the winner with most referrals at the end of summer will receive a €200 voucher for Martial arts equipments, or the latest gadget of their choice.
3. Also one free extra class per week for the whole summer, all juniors and teenagers can do one extra class a week free of charge, musical forms, and weapons and also sparring classes are very popular for an extra summer activity.

4. Swat team members will be picked from each class and they will receive a free four months Leadership course. Also in all classes we will be teaching special successful life skills for children (school safe / street safe).

1. ABC's of conflict avoidance,
2. Stranger Alert,
3. Five rules of safety,
4. Trust your intuition.



Little tigers & Tigers Recent Satory Do MMA Karate Grading

So don't miss the chance and don't let one of your most valuable assets, your time to waist away this summer. Kidz as well as adults sometimes need a little push, parents need to be alert and give them that push at these sensitive times. Keep pushing the kids to continue with their positive activities and teach them perseverance and they will thank you for it in time to come.

However after the school exams and while the good weather is upon us we will close for two weeks to give everyone a chance to re energize during the break and come back refreshed and continue training during summer months well rested and full of energy.

Upcoming important dates are as listed:

15th June Teens&Adults Karate grading @ 12pm & Hapkido grading @ 2pm
16th June Juniors Ultimate Kickboxing grading @ 5pm & Adults UKB grading @ 7pm
21st June Karate Jiu Jitsu cup NBA Dublin
22nd Akai open Kick boxing champion ships, phoenix sports centre, carrickmacross
5th & 6th July AKAI national Camp Juniors & Seniors camp Sligo
Masters Temple summer holidays 08 - Mon 23rd June – Sun 6th July
Masters Temple re opens Monday 7th July

