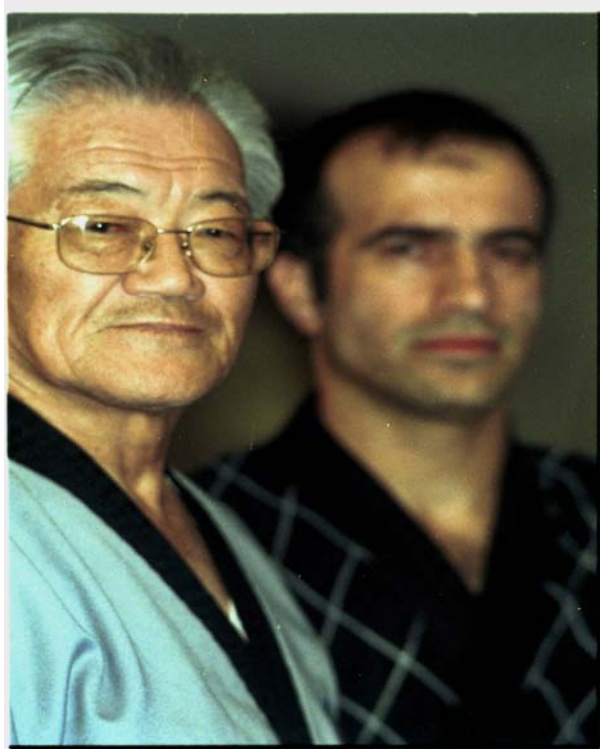




OCT 07 Newsletter



Doju Ji Han Jae the founder of Hapkido and Grandmaster Massan Ghorbani at the recent intensive Sin Moo Hapkido seminar in Masters Temple

Its great to see all classes in full spirit again, its great to see all members back training healthy and happy and stronger than ever. Some times its hard to see growth and progress as success builds bit by bit and day by day, some of you guys might ask yourself, How am I doing? Am I making progress? The answer is yes. If you ask someone who remembers you from the first couple of months of your training they would be able to tell you clearly how much you have improved. It is sad when some people make it from ok to

good, from good to excellent and then they quit just before they become
GREAT!



Sin Moo Hapkido seminar in Bray

As you know everyone gets bored with things after awhile and that's when you enter the perseverance phase and it is then that you must show how strong you are inside, in my 31 years of martial arts journey to become a black belt, champion, master, then a Grandmaster I too had many times been challenged by this phase but what is important is how you respond to this phase, with weakness or with strength. One of the ways to make this journey successful and more enjoyable is to practice regularly and be totally involved and focused at each session, the other thing that will help to maintain the excitement is to try to understand everything that you learn technically and share it with your training partners.

In Masters Temple we also discuss philosophy and stories that teach us life skills, you can and you should share them with your family members and friends, it is a part of your self development and your martial arts training to become a good leader at home and within your community (school, work, etc.) "Knowledge grows with sharing and we understand what we know better when we teach them to others, "Teaching is the gate between knowledge and wisdom".

On top of the world

Its has been a great year for masters temple and its loyal members, this year we moved to a new premises with better facilities, two of our top competitors Julie Mc Hale and James Stuart both won the WAKO German Open International Championships, Master Massan was nominated "Master Instructor of the year 2007" and received an award from the International Martial Arts Hall Of Fame, our junior team competitors did really well representing Ireland in the WKA World Championships in Germany where Sean Magee won a world Bronze medal and Murckha Magee did extremely well, performing in a very tough division. Shane Mangan also competed in the US Open and won four trophies, which was a big achievement



Julie Mc Hale represented Ireland at the WAKO World Championships and won a highly respected silver medal (she was defeated by 1 point in the final round and a split decision against the current Hungarian three times world champion).

Also Paul Mc Garth and Sonya Keogh will be representing Ireland in the WAKO Junior European Championships in Portugal, Sensei James Stuart will be heading off with the Senior Irish Team to compete at the WAKO World Championships in weapons which is also in Portugal later in the year all above is testimony of why masters Temple is Number 1 by all standards.



We were honored to be visited by legendary Hapkido founder and Grandmaster 10th degree black belt Doju Ji Han Jae the president of the world Sin Moo Hapkido association and Grandmaster Han Shik Shin the vice president of the world association, all students extremely enjoyed this exciting seminar and top students were promoted. Master Massan Ghorbani was also promoted to 9th degree black belt, he is the 3rd none Korean ever receiving this grade and is the youngest person in the world ever to receive the Grandmaster Title by the world Sin Moo Hapkido Association, this title is normally granted to masters 60 years old or above. Grandmaster Ji Han Jae was very pleased by the standard of all Hapkido practitioners under master Massan Ghorbani.

Well Done to all members who were promoted to their higher grades at the recent grading and the Sin Moo Hapkido seminar.

Sensei Stuart along with students Debbie and Daniel Morgan traveled to Canvey Island, in England to take part in a Extreme Martial Arts seminar put together by World Champion Chloe Bruce and her team it was a 4 hour Intensive seminar with Forms and weapons also Acrobatic kicking.

Once again please be aware of the following health and safety rules at all times; Clean uniform, short toe nails and equipment for classes (sparring etc.)



Sin Moo Hapkido in Waterford

Upcoming events

October

14th North East Open CARRICKMACROSS

20th Grading WMA WATERFORD, also competition preparation seminar by grandmaster Massan

21st Grading Master Temple 2pm sharp

22nd & 23rd Grading in Masters Temple

28th AKAI Open DUBLIN / WMA Fight Night WATERFORD



Private seminar in Masters Temple