

Master's Temple



JULY 2007 NEWSLETTER



Adult's kickboxing grading June 2007

Excellent Job: to everyone who has kept up his or her training throughout the summer months. As you may know there is three phases in all activities and all challenges that we choose in our lives, phase 1 is when you just start something and its all new and you are all excited about it, so you are automatically motivated and you do it with interest and at ease.

Phase 2 is the perseverance stage when you have been doing it for a while and the excitement is nearly gone, you may be even tired or bored doing it, so at this stage you need a little push, you need to motivate yourself or if you are lucky you may have a good friend or a supporting family member who would encourage you to keep it up and keep going and to show perseverance.

Phase 3 is the award stage when you pass the perseverance phase and you get a second wind and you begin to enjoy it again and you continue at ease again and you achieve your final goals, you may look back with the sense of pride and think well that got though back there but I DID IT! It is important to be aware of these phases and to respond to them in a correct way, we all go through the above phases in all areas in our lives, our school, sports, career, jobs etc.

Well done: to all junior members who won the June attendance contest, we hope that they enjoyed their cinema trip with Master's Temple instructors and staff. The winners were Tiarnan Lockhart, Oscar Halford, Rory and Michelle Whelan, Eddy & Michael Noiberger, Stephan & Niall Finn, Paul Walsh, Benjo Mercado, Sonya & Mark Kehoe, Helen Arundel, Sorcha Doyle, Finn Stokes, Jessica Grant, Chloe Murphy and Maria Mervyn.

Congratulations to: Trevor Kinlan and Tiarnan Lockhart for winning the referral contest, Trevor referred 3 junior members and 1 senior member and Tiarnan referred 2 junior members to the club. We would like to thank them both for helping the club grow and also for motivating others to lead a healthier life style by doing martial arts. The above winners will receive one piece of equipment or uniform of their choice free of charge as their prize.



Tiarnan Lockhart referral contest winner

There was a great performance: by everyone at the recent grading, good job everyone, the standard have always been high and still increasing at each grading session.



Junior grading

AKAI Junior National Kickboxing Eliminations: was a great success for Master's Temple as we entered with 9 junior members and came home with 14 medals. Junior competitors Leon O' Callahan winning 3 bronze medals for Weapons, Light contact and semi contact, Sonya Kehoe silver medal for both Kata and semi contact, Paul Mc Grath with 3 silver medals for Kata, light contact & semi contact, Jordon Dunne silver medal for Kata, Sean Magee Gold Medal for Kata and Gold for weapons, Murcha Magee Gold for weapons and Daniel Morgan Bronze for weapons. Also well done to Morgan berry that got a bronze medal in light contact kickboxing and Craig Mason who did really well for his first time, you were all awesome that day. Thanks to all the parents who drove to Carrickmacross to the above championships. Please note our competition team is open to anyone who has interest in competing and would be qualified to train with the competition team and to enter tournaments.



New Fee's: Please note that from the 1st of September 07 quick start fees will be slightly increased, this will not effect members on standing order payment option or sign up for standing order payment before the end of august 07, but still remain cheaper than other clubs around and we are still providing better facilities and services in a full time Private Studio with highly qualified head instructor, this is the first and will be last price increase this year. Please refer to new fees page attached.

Clubs Summer Holidays: will start on Friday 27th of July and will end the 5th of August and Monday 6th is a Bank Holiday so we will re-open on Tuesday 7th August 07.



Adult karate

Honor & Respect: I was very honored as two highly respected people in my life visited Master's Temple recently. My father Mr Zabiollah Ghorbani who contributed the stories that you learn as the philosophy part of each belt programme visited Master's Temple. Also Mr Kazem Majidi my brother in law (my sisters husband) the first person who introduced me to Martial Arts and sports 31 years ago. I would like to take this opportunity to thank them both for giving me the ever-lasting gift of health and knowledge through philosophie (stories) and Martial Arts.

“Thank You”, “Sepasgozaram” in Persian, “Domo Arygato gozaey Mashta” in Japanees, “Kam Zam Ni Da” in Korean, “Go raibh maith agat”



Mr. Zabiollah Ghorbani and Mr. Kazem Majidi at Masters Temple

Training: “No Uniform No Training from first day after the summer break, and please note for those in the Hapkido Class you must have short finger and toe nails at all times and short toe nails for all karate and kick boxing members.



Sin Moo Hapkido grading

Upcoming Events:

JULY:

27th – 5th August Club Summer Holidays

28th UKB Grading Waterford

August:

5th end of club holidays

6th Bank Holiday

7th Club Re Opens

12th Meditation and philosophic seminar @ MT

19th Kata seminar (white belt to black belt katas) @ MT

26th Grading Master's Temple 11am

September:

2nd

5th Grading Waterford

9th KB Competition Leixlip

14th Private seminar with grand Master Ji Han Jae 10th Dan founder of Hapkido (Bruce Lee Teacher) @ MT

15th Open Hapkido seminar with grand master @ Bray

16th Open Hapkido seminar with grand master @ waterford

23rd UKB Grading Waterford

30th Senior and junior World Championships dates ???